



## What are you sowing?

**Galatians 5: 16-24** <sup>16</sup> I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh. <sup>17</sup> For the flesh lusts against the Spirit, and the Spirit against the flesh; and these are contrary to one another, so that you do not do the things that you wish. <sup>18</sup> But if you are led by the Spirit, you are not under the law. <sup>19</sup> Now the works of the flesh are evident, which are: [d]adultery, [e]fornication, uncleanness, lewdness, <sup>20</sup> idolatry, sorcery, hatred, contentions, jealousies, outbursts of wrath, selfish ambitions, dissensions, heresies, <sup>21</sup> envy, [f]murders, drunkenness, revelries, and the like; of which I tell you beforehand, just as I also told you in time past, that those who practice such things will not inherit the kingdom of God. <sup>22</sup> But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, <sup>23</sup> gentleness, self-control. Against such there is no law. <sup>24</sup> And those who are Christ's have crucified the flesh with its passions and desires.

Walk in the Spirit. **Galatians 5: 16** I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh.

God exhorts us in his word to walk in the Spirit and let us be guided by the Holy Spirit. We walk in the Spirit, when we read, we search and meditate the word of God; we walk in the Spirit when we pray and maintain communion with the Lord; we walk in the Spirit when we attend church and also when we speak to others about Jesus, and do what he likes. The Spirit reveals the truth to us; it shows us the way, and the life. If we walk in the Spirit we can have a life of peace, joy, and a life that pleases God. The Spirit teaches us to take advantage of time; teaches us to love him and his neighbor; it teaches us to obey and to fear God in our lives.

When we walk in the Spirit, we are sowing for the Spirit, and we will soon reap the results. Shall not fulfill the lust of the flesh. The flesh will always want to come out afloat to make all your wishes come true. The desires of the flesh are to lead to a disorderly life, away from God and his principles established in his word. When we satisfy the desires of the flesh we are sowing for the flesh. And when we sow for the flesh, from the flesh we will harvest corruption.

For the flesh lusts against the Spirit. **Galatians 5: 17** For the flesh lusts against the Spirit, and the Spirit against the flesh; and these are contrary to one another, so that you do not do the things that you wish.

The flesh does not want to bow to the spiritual things that the word of God demands. The flesh does not want to pray, does not want to read the Bible, does not want to go to church, does not want to fast, does not want to serve God; the flesh does not want to submit to the desire of the Spirit; the flesh is always against what the Spirit demands. In the same way, the Spirit rejects the desire of the flesh, because it is contrary to the word of God.

The works of the flesh that are in **Galatians 5: 19-21**, and things like these that are described, prevent the kingdom of heaven from being inherited. Those who practice the works of the flesh are sowing for the flesh, they cannot inherit eternal life, but they will reap or inherit corruption and death.

We must stop satisfying the desires of the flesh; we must walk in the Spirit, so that we may live life and peace. **Galatians 5: 24-25** <sup>24</sup> And those who are Christ's have crucified the flesh with its passions and desires. <sup>25</sup> If we live in the Spirit, let us also walk in the Spirit.



## Sow what you want to harvest

**Reading Galatians 6: 7-10** <sup>7</sup>Do not be deceived, God is not mocked; for whatever a man sows, that he will also reap. <sup>8</sup> For he who sows to his flesh will of the flesh reap corruption, but he who sows to the Spirit will of the Spirit reap everlasting life. <sup>9</sup> And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart. <sup>10</sup> Therefore, as we have opportunity, let us do good to all, especially to those who are of the household of faith.

### Learn Galatians 6: 8

All acts of men receive their pay; all attitudes, and all actions of men, will somehow or other turn to him. Everything bad or good that men do will reap it sooner or later. This is the law of sowing and harvesting: What we sow, we reap.

**Do not be deceived, God is not mocked. Galatians 6: 7** Do not be deceived, God is not mocked; for whatever a man sows, that he will also reap.

Those who deceive themselves are those who think that what they do will go unpunished; that no one is looking at what he is doing, and that he will get rid of everything.

God is not mocked. It may be that with lies they want to cover what they are doing, but God is not mocked; he looks at the heart and knows with what intentions you are doing things; He knows everything.

There are people who sow discord, who murmur and indispose; but what they do not know is that they will soon reap all the evil that they are sowing. Others are sowing mockery, criticism, lies and deceptions; well, all this is what you are going to harvest.

On the other hand, there are others who help their neighbor, who extend their hand to the needy, who avoid being with scoffers, who do not accept that they speak ill of others, who do not wish evil on anyone; They are sowing justice, they are sowing good, and soon they will reap what they are sowing.

**Who sows to his flesh. Galatians 6: 8** For he who sows to his flesh will of the flesh reap corruption, but he who sows to the Spirit will of the Spirit reap everlasting life.

To sow for the flesh is to take care of the things that do not edify, that do not lead to any good side. Planting for the meat is when you live only thinking about how bad they did you, or thinking how to get away. Also to sow for the flesh is when the flesh is given over to sin, to adultery, fornication, concupiscence, to vice. **Proverbs 22: 8** He who sows iniquity will reap sorrow, And the rod of his anger will fail.

From the flesh you harvest corruption, death, ruin, misery. **Romans 8: 6** For to be carnally minded is death, but to be spiritually minded is life and peace.

To be occupied with the Spirit is life and peace. When you take care of prayer, of reading the Bible, of going to church, of serving God, you are taking care of the Spirit, this will bring you life and peace.

**Romans 8: 13** For if you live according to the flesh you will die; but if by the Spirit you put to death the deeds of the body, you will live.

**Let us do good to all. Galatians 6: 9-10** And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart. <sup>10</sup> Therefore, as we have opportunity, let us do good to all, especially to those who are of the household of faith.

Let us not tire of sowing the good, let us not tire of helping others, let us not tire of waiting for the mercies of God. Let there be no lawsuit, no anger, no resentment against others, no desire for revenge, do not speak ill of others, do not judge, do not criticize. "let us do good to all"

In due season we shall reap if we do not lose heart. When we do good it must be with perseverance, with patience, we cannot faint, because soon we will see the harvest of all the good that we do. Let's be at peace with others; let's sow the word of God, the message of salvation; let us live for Jesus, and give a good testimony and we will reap eternal life.

We must take every opportunity we have to do good to everyone; Let us sow love, sow peace, sow joy, sow patience, sow goodness, sow gentleness, sow the good, especially to those who are of the household of faith. Let's sow, because in time we will reap, if we do not lose heart.